YOUR BREAST CANCER TOOLBOX

If you’re battling breast cancer—or someone you love is—here are five resources you shouldn’t be without.

by REDBOOK writer and breast cancer survivor Gina Shaw

■ BreastCANCER101
From the moment you’re diagnosed, you’re deluged with paperwork. The breastCANCER101 10-year planner, created by survivor Monica Knoll, helps you organize and understand it all. Order for $29.99 plus shipping and handling from cancer101.org or use the free online version.